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## **EP055**

## Early use of everolimus improved renal function after adult deceased donor liver transplantation

 $\underline{\textbf{Jaehun YANG}}, Sunghae PARK, Young Ju OH, Sang Oh YUN, Manuel LIM, Ji Eun KWON, Eun Sung JEONG, Jinsoo RHU, Gyu-Seong CHOI, Jong Man KIM*, Jae-Won JOH$ 

Department of Surgery, Samsung Medical Center, Sungkyunkwan University School of Medicine, Korea

**Introduction**: Tacrolimus (TAC) is a main therapy for liver transplantation (LT) patients, but it has side effects such as chronic neph¬rotoxicity that progressively aggravate renal function. The purpose of this study was to retrospectively compare the renal function between a TAC group and a combination of everolimus and reduced TAC (EVR-TAC) group after deceased donor liver transplantation (DDLT).

**Methods**: The study comprised 131 patients who underwent DDLT between January 2013 and April 2018 at our institution. They received TAC or EVR-TAC after DDLT. EVR was introduced between one and six months after DDLT.

**Results**: Thirty-six of 131 patients (27.5%) received EVR-TAC. The incidence of chronic kidney disease (CKD) (eGFR<60 mL/1.73m2) in the EVR-TAC group was higher than in the TAC group (25% vs. 8.4%; P=0.019). Increasing serum creatinine (n=23, 63.9%) was the most common cause for adding EVR to treatment of the post-transplant patients. There were no statistical differences in acute rejection and CKD between the two groups. The TAC trough level was significantly lower in the EVR-TAC group than in the TAC group, and the renal function of the EVR-TAC group was worse than that of the TAC group until one year after DDLT. However, the renal function of the EVR-TAC group improved and became similar to that of TAC group at 3 years post-transplant.

**Conclusions**: The present study suggests that EVR should be introduced as soon as possible after DDLT to reduce exposure to high doses of TAC to improve the renal function.

Corresponding Author. : Jong Man KIM ( yjongman21@gmail.com )

Presenter: Jaehun YANG (gsyangjh@gmail.com)