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A glimpse to the resident life in a HBP team

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Introduction: What does hepato-biliary-pancreatic (HBP) surgery mean and how does the life of the resident in a young team practicing such surgery in a developing country look like?

Methods: Surgical residents interested in acquiring advanced training in HBP surgery should take a fellowship in this kind of surgery, spending at least four years in a specialized center.

Results: The pre and postoperative management of patients is a core function of a junior doctor, but they have to be involved in every step of the journey represented by complex HBP surgery: from establishing anesthesia routine to training team and taking part in tumor board meetings. Mentorship is also a key factor in promoting and maintaining fulfillment in surgical practice.

Conclusions: In a young HBP team, bidirectional growth – both mentors and residents is crucial to developing this king of surgery. Working hard, studying and training every day are very important steps in order to build a career as a HBP surgeon.

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